

All Canadians deserve access to trusted sources of nutritional information in order to positively support their health.

The Canadian Nutrition Society

WHO WE ARE The Canadian Nutrition Society (CNS) is the leading Canadian society that integrates disciplines and professions interested in nutrition, including nutrition scientists and professionals, healthcare/clinical practitioners, government and policy makers, industry representatives (food developers, processors, manufacturers and distributors), and future leaders/trainees. Our membership represents close to 1000 professionals from across Canada, the US and globally.

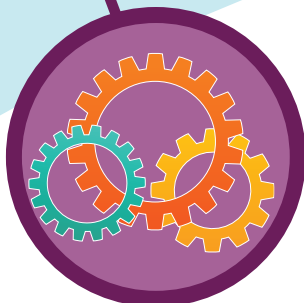


WHAT WE DO The CNS promotes and enhances excellence in nutrition science and practice, provides quality education and professional development initiatives, and advocates for the importance of nutrition research funding, best practice and policies for the promotion of health and the prevention and treatment of disease.



STRONG NETWORK

From bench to bedside, we believe in the importance of a unified voice for those engaged in furthering nutrition as a way of maintaining health and preventing and treating disease.



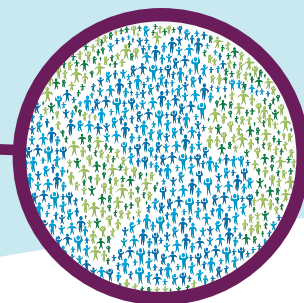
EFFECTIVE COLLABORATIONS

We work with a range of partners and stakeholders in an effort to strengthen our overall impact to influence the positive health of Canadians.



QUALITY EDUCATION

Through a range of educational forums, including our annual conference, thematic conferences, webinars and publications – CNS supports continuous learning and sharing across our network.



INFLUENCE POLICY

Continued advancement in nutrition research has a fundamental role in enabling evidence-based guidance and policies that influence better health for all Canadians, as well as for people from around the world.

www.cns-scn.ca

WHY DOES IT MATTER?

Nutrition is a critical part of healthy development and disease prevention

- ▶ The major non-communicable chronic diseases (cancer, cardiovascular disease, diabetes) are all impacted by nutritional status. Proper nutrition can decrease the burden these diseases present to health care costs and quality of life.

Nutrition research enables good public policy

- ▶ Food contributes to good health. Understanding the link between behaviour and food choices and how they are influenced by environment, culture and other drivers can inform public health priorities.

Nutrition research influences the entire food supply

- ▶ Knowledge about adequate nutrition has an important role in resolving/preventing food insecurity through safe and sustainable agricultural practices.

Nutrition research informs clinical practices

- ▶ Factoring nutrition as an integral part of a patient's healthcare program is an important step in optimizing care and effective disease management. Proper nutrition enables best practices in medical nutrition, and assists healthcare professionals in effectively educating patients and caregivers.