ANNUAL CONFERENCE

SATURDAY MAY 5





LIFE LONG LEARNING (LLL)

CNS is pleased to partner with ESPEN for our fifth annual LLL live module on "Nutritional Support in the Older Adult" taught by Dr. Stéphane Schneider (Archet University Hospital, Nice, France)

This live LLL session is being held during the CNS 2018 Annual Conference. The course has limited capacity and is available to clinical professionals, with primary acceptance given to those professionals who are CNS members.

The LLL Nutrition Support in Older Adults course Comprises four modules

- Epidemiology, Aetiology and Consequences of Malnutrition in Older Adults
- **Nutritional Screening, Assessment and Diagnosis.** Dietary Advice and Oral Nutritional Supplements in Older Adults
- **Artificial Nutrition in Older Adults**
- Age-Related Sarcopenia

COST TO PARTICIPATE:	(early-bird rate)
Conference Delegate and CNS Memberplus conference	\$40.00 e registration fee
Conference Delegate and non membersplus conference	\$70.00 e registration fee
CNS Member - LLL only	\$90.00
Non-member - LLL only	\$125.00

To register, please visit www.cns-scn.ca

About Dr. Stéphane Schneider

Leads the Nutritional Support Unit in the Gastroenterology and Nutrition Department of the Archet University Hospital in Nice (France)

Head of the Nice University Hospital's food-nutrition liaison committee

Vice-president of the French-Speaking Society for Clinical Nutrition and Metabolism (SFNEP)

Chairs the Educational and Clinical Practice Committee of the European Society for Clinical Nutrition and Metabolism (ESPEN)

Three years after receiving his M.D. in Gastroenterology from the University of Nice Sophia-Antipolis, Stéphane Schneider became an assistant Professor and later a full Professor of Nutrition. He is also certified by the European Board of Gastroenterology and Hepatology. He obtained a Master of Science from the University of Paris VII, and a Ph.D. in nutrition from the University Paul Cezanne, as well as a CME Diploma from Harvard Medical School. His main research interests are intestinal failure and the effects of aging and chronic diseases on nutritional status.

#CNShalifax2018 Visit: cns-scn.ca for full details



SATURDAY, **MAY** 5, 2018 12:15 pm to 4:15 pm





The Life Long Learning (LLL) program in Clinical Nutrition and Metabolism is an extremely effective educational program for medical doctors and health specialists, including registered dietitians, nurses and pharmacists.

The LLL program in Clinical Nutrition and Metabolism is based on an educational curriculum offering 120 training modules (100 are already available on-line) created and peer reviewed by recognized European experts. The modules are freely accessible on-line after registration (create new account at www.LLLnutrition.com). The module is the main educational unit of the LLL Program. Each module consists of an updated review on a certain problem, clinical case, self-assessment test and graded quiz. Modules on related subject areas are grouped into topics making it easier for the user to select modules in a particular field of interest.

ANNUAL CONFERENCE MAY 3-5, 2018

REGISTER TODAY!

Early bird deadline March 23, 2018

BELOW ARE JUST SOME OF THE MANY HOT TOPICS

Visit the conference website to check out all of the conference sessions and exceptional speakers, for more information and to register online!

CLINICAL NUTRITION

FEATURED SPEAKERS

SUCCESSFUL IDENTIFICATION AND REDUCTION OF CARDIO-METABOLIC RISK THROUGH DIET AND EXERCISE: THE CHANGE PROGRAM

Speakers: Doug Klein, MSc, Paula Brauer, PhD and Rupinder Dhaliwal, RD, FDC

SYNERGISTIC ROLE OF DHA, LUTEIN AND NATURAL VITAMIN E ON PRETERM AND TERM INFANT DEVELOPMENT

Speakers: Caroline Richard, RD, PhD and Lisa Renzi-Hammond, PhD

THE SCIENCE AND CLINICAL CONSEQUENCES OF PROTEIN REQUIREMENTS, THE RDA. AND SARCOPENIA IN OLDER PERSONS

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Speakers: Glenda Courtney-Martin, PhD and Stuart M Phillips, PhD

THE ROLE OF RESPONSIVE FEEDING IN PROMOTING SELF-REGULATION OF ENERGY INTAKE AMONG INFANTS AND YOUNG CHILDREN

Speakers: Alison Ventura, PhD and Misty Rossiter, PhD

HTPN REGISTRY ANNUAL MEETING

Johane Allard, MD, FRCPC, Olivia Saqui, RN and Nicha Somlaw, MD

Don't miss out on the PRE-CONFERENCE – Food for Health Workshop

THURSDAY, MAY 3 - 8:30 AM - 4:30 PM

THE CANADIAN DIET: AN OPPORTUNITY FOR IMPROVED HEALTH VIA OUR FOOD SYSTEM

This one-day workshop will discuss the linkages between dietary guidance and the food system and what a Canadian Diet could/should be comprised of based on scientific evidence. It will explore the future of dietary guidance in Canada and determine barriers and opportunities for the Canadian diet.

FOOD, NUTRITION AND HEALTH

FEATURED SPEAKERS

PLANT FORWARD: NOURISHING PEOPLE AND THE PLANET Speaker: David Jenkins, PhD, Moderator: Benoît Lamarche, PhD

FRONT-OF-PACKAGE LABELLING: PERSPECTIVES ON IMPLEMENTATION AND THE IMPACT OF FRONT-OF-PACKAGE LABELS ON CONSUMERS FOOD CHOICES AND PERCEPTIONS

Speakers: Mary L'Abbé, PhD and Gaston Ares, PhD

LOOKING AT FOODS AND DIET HOLISTICALLY: NEW INSIGHTS FROM THE 2015 CANADIAN COMMUNITY HEALTH SURVEY AND THE PRINCIPLE OF NUTRIENT DENSITY

Speakers: Angelo Tremblay, PhD and Hassan Vatanparast, PhD

REAFFIRMING THE IMPORTANCE OF NUTRITION FOR OPTIMAL BRAIN FUNCTION

Speakers: Richard Bazinet, PhD and Phyllis Paterson, PhD

PERICONCEPTIONAL FOLIC ACID SUPPLEMENTATION: ASSESSMENT OF STAKEHOLDERS PERSPECTIVE ON THE MISALIGNMENT BETWEEN RECOMMENDATIONS AND PRACTICE

Speakers: Bénédicte Fontaine-Bisson, PhD and Yvonne Lamers, PhD ADDRESSING FOOD INSECURITY IN CANADA - "WHY AND HOW"? Speakers: Valerie Tarasuk, PhD and Patricia Williams, PhD, PDt

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