

MAY 02-04, 2019 ANNUAL CONFERENCE

SHERATON ON THE FALLS
5875 FALLS AVE., NIAGARA FALLS, ON



Canadian Nutrition Society
Société canadienne de nutrition



cns-scn.ca

TRAINEES IN NUTRITION PRE-CONFERENCE WORKSHOP

Organized by trainees for trainees, this Trainees in Nutrition Pre-conference Workshop will focus on developing and strengthening professional skills for those studying in field of nutrition.

WORKSHOP OBJECTIVES:

- Gain hands-on experience applying a quality assessment checklist and interpreting nutrition study results.
- Develop confidence in preparing for career paths in academia, industry or government.
- Learn how to effectively communicate their research findings through various knowledge translation outlets.

PROGRAM - THURSDAY, MAY 2, 2019 - 8:30 - 16:00

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| 07:30 - 08:30 | Registration and breakfast |
| 08:30 - 08:45 | Welcome and introductions Claire Tugault-Lafleur and Danyelle Liddle, CNS Trainee Leadership Committee |
| 08:45 - 10:15 | Assessing the methodological quality of nutrition studies: Checklists for cohort, case-control and controlled trials This session will provide trainees with an overview of approaches for quality assessment, review available quality assessment instruments and provide insights into newly developed quality assessment tools designed for nutrition studies. Speakers: Shannon Kelly (University of Ottawa Heart Institute) and George Wells (University of Ottawa Heart Institute) Chair: Linda Greene-Finestone (Public Health Agency of Canada) |
| 10:15 - 10:45 | Networking break |
| 10:45 - 12:00 | Exploring career pathways in various sectors and the best ways to prepare for them Employers from a variety of sectors will share their career path so far, the details of their various roles, and what matters most to them on applicant's CVs and during interviews, all the while offering advice to trainees on how to prepare for their dream career. |
| 12:00 - 13:00 | Networking lunch |
| 13:00 - 13:30 | PhD Dissertation award presentation Speaker: TBA |
| 13:30 - 15:45 | Media training 101 for food, nutrition and health researchers In this session, trainees will learn tips on effectively communicating research findings through various knowledge translation outlets (e.g., print, radio, television, social media). Speakers: Dan Dakin, Brock University and Chiara DiAngelo, Canadian Sugar Institute |
| ~ 14:30 | Networking break |
| 15:45 - 16:00 | Trainee activities and programs at CNS Evaluation and closing remarks CNS Trainee Leadership Committee |
| 16:30 | CNS Annual Conference Opening Reception & Networking |

Join nutrition students from across the country for a day of presentations and activities that focus on forwarding your career!

[REGISTER NOW](#)

➤ ➤ ➤ **ALSO JUST FOR TRAINEES!**
Trainee Symposium on Saturday, May 4 where Dr. Sophie Desroches will discuss KT strategies for sharing nutrition research.

Visit the [CNS Annual Conference website](#) to check out the great line-up of sessions and speakers and register online.

#CNS2019Niagara