# Syilx-led reintroduction of sockeye salmon into the Okanagan River



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# Background

- Syilx world view and importance of salmon
- Colonial Impacts to Syilx and salmon
- Colonial Impacts to health
- Okanagan Sockeye Restoration
   Initiatives





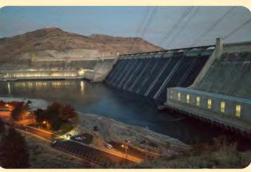




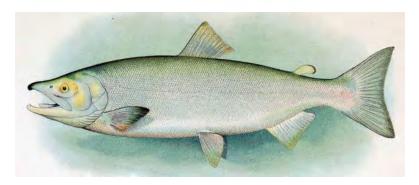
Photo: N. Willows; Okanagan Nation Alliance

Photo: S.Johnson & Nation Member Facebook

# Sockeye (sc 'win) are Anadromous Fish

Sockeye: Spawning and ocean-dwelling phases





#### Okanagan River



## **Restoration Actions**





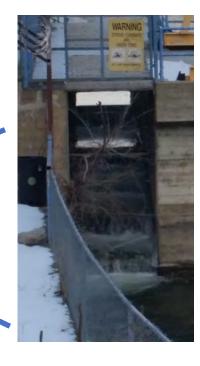


Photo: R. Blanchet

Photo: ORRI

#### Included:

Water Flow Management
Fish passage past dams
Habitat restoration
Salmon Fry Release
Social gatherings and ceremony



Photo: N Willows Photo: R. Blanchet



# Successful Outcomes



Photo: S.Johnson



Photo: Okanagan Select Salmon



Photo: ONA Facebook



Photo: Nation Member Facebook



Photo: Nation Member Facebook



Photo: R. Blanchet

Communities

Households

# Community-University Partnership





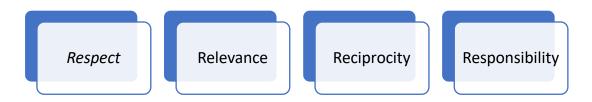


# Relationship Building

• With the topic and the people affected by it ....



Photo: P.Terbasket: Okanagan Salmon and Our Health



The 4 Rs: (Kirkness, & Barnhardt, 2001).

# Community Based Research Timeline

CIHR Funding Awarded

#### **Initial Engagement**

FNFNES.
Okanagan Lead
Researcher (OSOH)

#### Research Engagement

Nation & Community

#### **Data Collection**

Training
Surveys
Interviews
Community Updates

#### **Publications**

Open Access Journals
Media

2012

2014

2016

2017

2018

2019

2020

2021

#### Research Proposal

Nation/University Partners

### **Community Engagement**

Councils, TEK , Elders, Project tools developed

#### Results

Nation review
Publication process
Infographics
Community review
Infographics sharing.



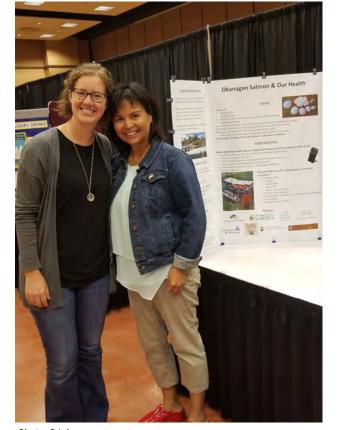






Photo: N Willows Photo: S.Johnson Photo: S.Johnson Photo: S.Johnson Photo: P.Terbasket

Community Engagement

- Participating in Nation gatherings, events, ceremonies
- Meetings and discussion with community
- Prepping Salmon for the feast
- Experiences with salmon, water and the land

# Indigenous & Community-Based Research Principles

- OCAP<sup>TM</sup> Principles
  - Ownership
  - Control
  - Access
  - Possession (http://www.fnigc.ca/ocap.html)
- Tri-Council Policy Statement
- Research is driven by the Nation
- Study is done in full partnership

- Building capacity within community
- Collaborative review processes
- Providing regular updates



hoto: R. Blanche

# **CULTURAL CONNECTEDNESS**

Nation's relation to

salmon

Okanagan Salmon and Our Health Study

**Results from 265** Participants In 2017-2018\* **83%** are proud of their

n'titxw

80% would like to eat more salmon

snagsilxw

71% feel Okanagan Sockeye Salmon was more important than other salmon

34% often refer to traditional foods in Nsyilxcən language

73% said that their cultural

Nsyilxcon

**55%** felt that ONA fisheries management aligned with their cultural values

practices and events are very important

66% said that their cultural salmon

identity is linked with the

**Partners** 

\*the 2017-2018 fish run was low













November 2019



# Acknowledgments

#### Okanagan Salmon and Our Health Study

#### Limləmt

- Participants
- Community interviewers
- Partner communities



PENTICTON INDIAN BAND







#### For more information, please contact:





• Pauline Terbasket, Executive Director



- Dr. Noreen Willows, Professor
- Dr. Rosanne Blanchet, RD, Postdoctoral Fellow



• Dr. Malek Batal, Professor

#### Funding







# Limlamt Thank you Merci



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